Now You Know Media Download Instructions

What is included in my zip file?

This file contains both the mp3 audio lectures and the PDF study guide.

How do I create an account? (You MUST have an account to order a download from Now You Know Media)

- 1. Click the "My Account" link at the top right side of our website, nowyouknowmedia.com
- 2. Click "Create an Account," then enter your first name, last name and email address.
- 3. Choose a password

Your information is NEVER sold to any other company and is kept completely private. Please view our Privacy Policy for more information.

How do I download my lectures?

Immediately after check-out, you will see a link to "My Downloadable Products." There will be a "Download" link located next to the corresponding order number. Also, you will receive an email with a link to download your product.

If you do not want to download the file right away, you can always come back and access it through the "My Account" page on our website. Go to "My Account" (upper right side) then "my downloadable products." There will be a "Download" link located next to the corresponding order number.

How do I open the zip file (unzip the file)?

Windows unzip instructions:

You can unzip a file a few different ways.

Double-click the Zipped File

The easiest way to unzip a file is to double-click it. A window with the zipped files contents will open. You can click "Extract all files" or drag the files out of the window to the desired location (example: your desktop).

If you choose to click "Extract all files," the files will be extracted (unzipped) in the same location as the original file unless you specify a location in the Select a Destination and Extract Files box that appears when you chose to extract them.

Right-click the Zipped File

Right-click the zipped file and select "Extract all." The Select a Destination and Extract Files window will open and let you choose where you want to save the files. You can save them in the same location as the original zipped file or you can select another location by clicking "Browse" and choosing a new location.

Mac unzip instructions:

In Mac OSX, simply double click the zip file and it will extract into a folder in the same location as the .zip.

How do I play my lectures?

Once you have unzipped the file, you can drag the mp3 files into your media player (for example iTunes). From here you can double-click the track and listen to your lectures.

For further information or help with iTunes, please see the Help section of our website, Nowyouknowmedia.com.